

EMERGENCY ACTION PLAN

999 from land lines & mobiles

112 from mobiles (you will be located by GPS)
calls are free and will connect even without signal

Club name	Tockwith Juniors FC Tockwith AFC
Club address	Tockwith Sportsfield Corner of Tockwith Lane & Southfield Lane Tockwith York
Post code	Clubhouse: YO26 7PX School: YO26 7RP

FIRST AIDER INFORMATION	
Tockwith Juniors FC	All coaches
Tockwith AFC	Team manager/coach

FIRST AID EQUIPMENT & FACILITIES		
Item	Location	
Defibrillator	Springbank Surgery 21 Marston Road Tockwith York YO26 7PR	Tel: 01423 330030 5 min walk
Stretcher	n/a	
First Aid Room	Clubhouse	
Access routes		
1. For ambulance)	
2. First aid room to ambulance) Via car park on Tockwith Lane	
3. Pitch to ambulance)	

NEAREST HOSPITAL WITH A&E			
York Hospital	Wigginton Rd, York, YO31 8HE	01904 631313	25-30 min
Harrogate Hospital	Lancaster Park Rd, Harrogate, HG2 7SX	01423 885959	25-30 min